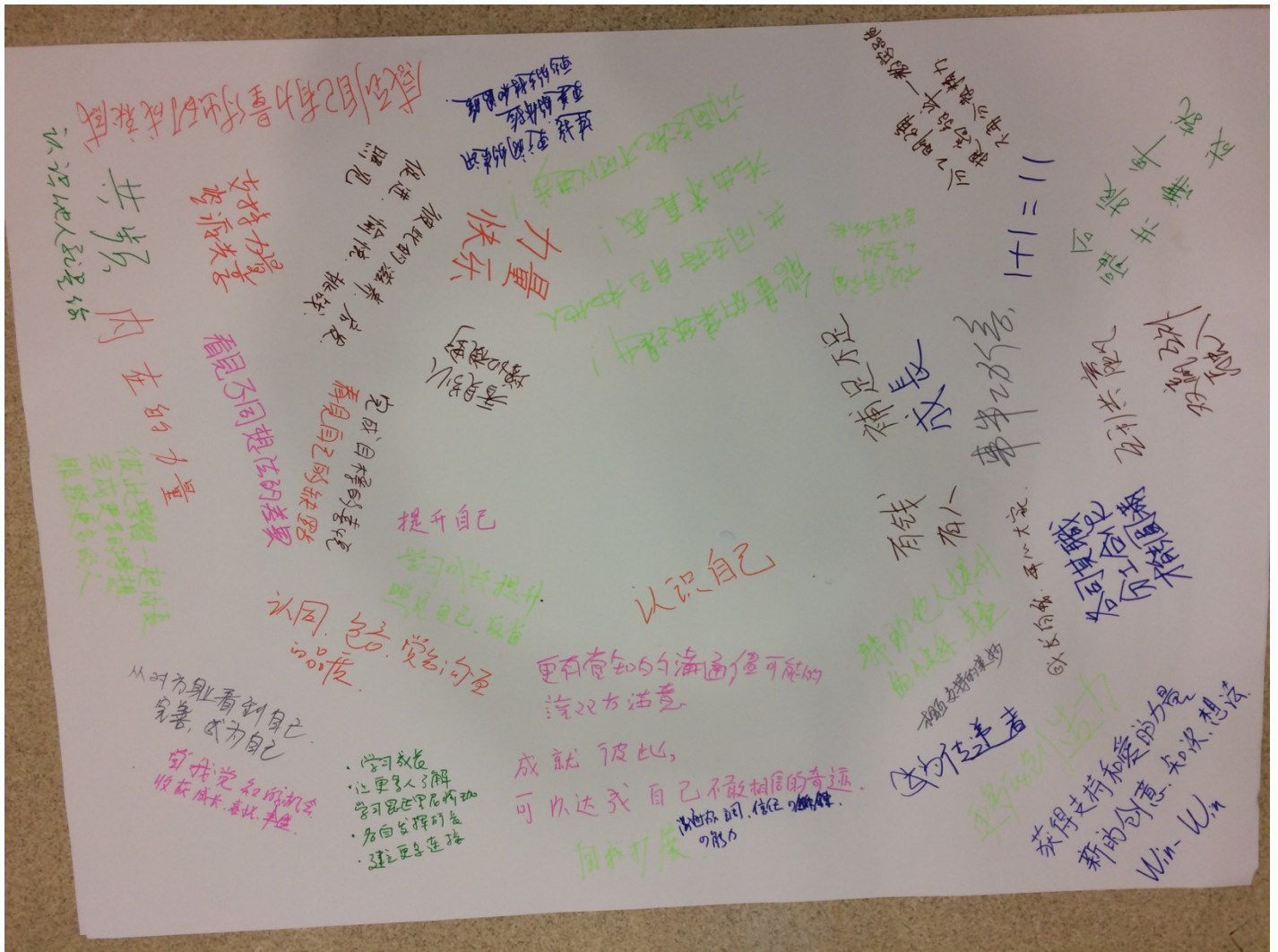


1-What has collaboration given you as a teacher?

身為老師，合作給了你什麼樣的收穫？



1. 看見不同想法的差異。
seeing the differences in thoughts and ideas
2. 彼此的滋養、啟發、促進、愉悅、挑戰、照見
inspiring and elevating each other
joy, challenge, and insight
3. 支持力量、資源共享
supporting each other
sharing resources
4. 共頻
vibrating at the same frequency
5. 認識他人即是你
recognizing the other person is you
6. 感到自己有力量付出的成就感
feeling the sense of achievement when being able to make contributions
7. 完成目標的喜悅，看見自己的缺點。
feeling the joy of achieving a goal, seeing our own shortcomings

8. 力量，快樂
strength, happiness.
9. 看見別人，增加視野
seeing others, broadening our horizon
10. 提升自己
elevating ourselves
11. 從對方身上看到自己，完善、成為自己。
seeing ourselves by seeing others, perfection ,being ourselves
12. 自我覺知的機會，收穫、成長、喜悅、豐盛
having the opportunity of becoming aware of ourselves
harvesting, growth joy abundance.
13. 連接更多的資訊，更美的體驗，更多的支持和溫暖
getting more information ,having more beautiful experiences, more support and warmth
14. 內在的力量
inner power
15. 認同、包容、覺知、溝通的品質
recognition, tolerance, awareness, good quality of communication
16. 學習成長，讓更多人了解，學習昆達里尼瑜珈，各自發揮所長，建立更多連結
learning, growing, helping more people to learn about Kundalini yoga
reaching our potentials and making more connections
17. 認識自己
knowing about ourselves
18. 更有覺知的溝通盡可能的讓雙方滿意
communicating with each other in a more conscious way, trying our best to satisfy each other
19. 成就彼此，可以達成自己不敢相信的奇蹟
helping each other succeed, creating miracles
20. 成為傳遞者
becoming someone who can pass down the tradition
21. 獲得支持和愛的力量
obtaining support and love
22. 創意、知識想法，雙贏
creativity, new knowledge and thoughts, win-win
23. 各司其職分工合作才能圓滿
cooperating to create perfect results
24. 互利共贏
benefiting each other to create win-win
25. 融合、謙卑、成就
blending in with others, modesty and achievement
26. 事半功倍
working smart
27. 截長補短、成長
complementing each other, growth

28. 分工明確，提高效率—教學品質,不再分散精力
having clear division of work
raising efficiency and teaching quality
concentrating on the same goal unanimously

1. 愛、共贏
love, win-win
2. 目標一致
having the same goal
3. 共同提升
elevating together
4. 服務
service
5. 在懷疑中看見個人神性的光芒
when in doubt, trying to see the glow of a person's divinity
6. 保持前行
keeping moving along
7. 帶著愛
moving on with love and affection