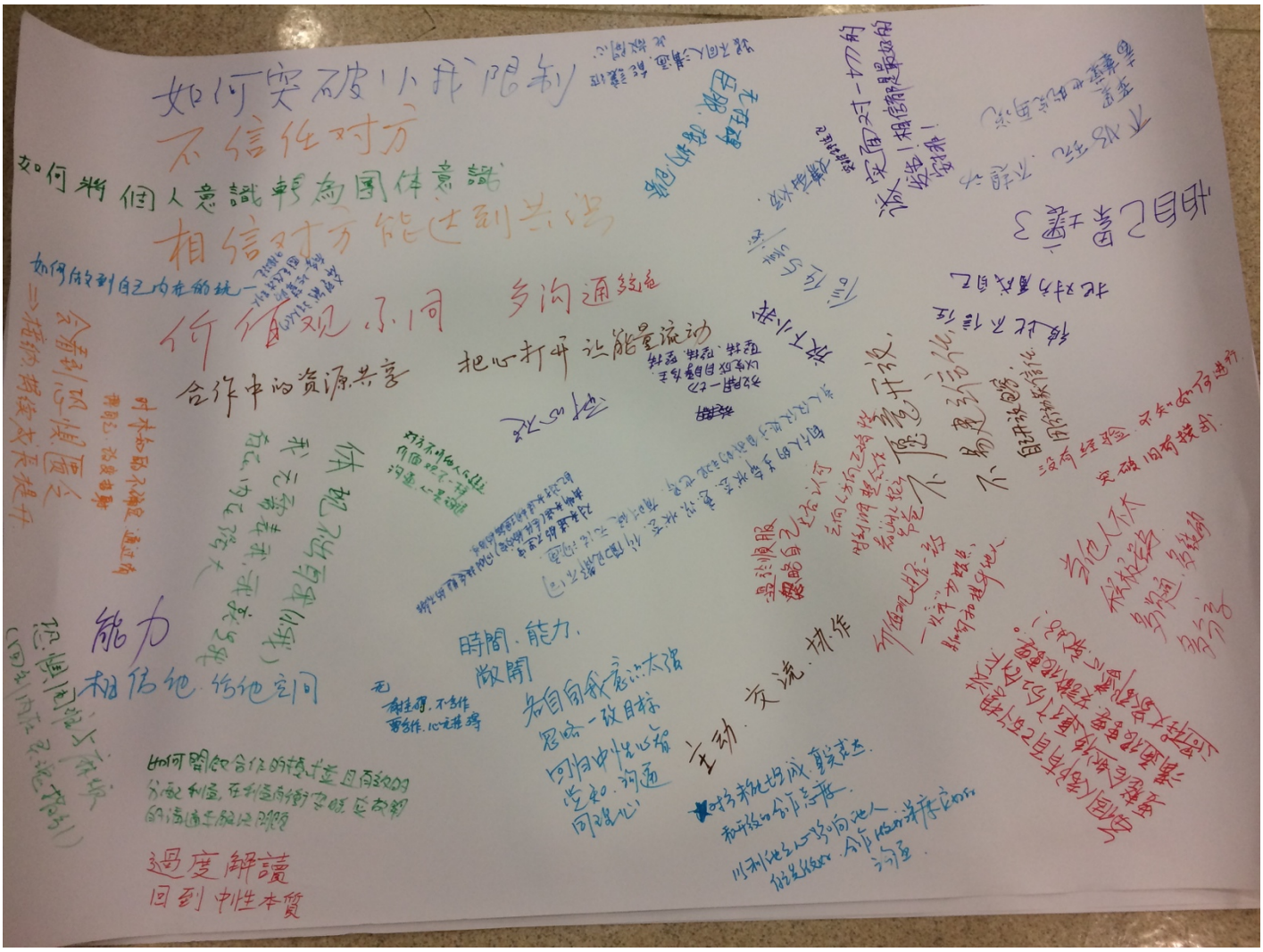
5-What are your most important touchstones or core values/ beliefs/ motivations that guide you towards collaborating with others?

能夠引導你去嘗試與他人合作的最重要的衡量準則或核心價值/信念/動機是什麼？



1. 誠實面對一切的發生，相信都是好的安排
   facing what has happened honestly and believing that all that has happened is the best.
2. 信任與喜悅
   trust and joy
3. 放下小我
   let go of our ego
4. 過於順服，忽略自己
   being overly obedient, thus ignoring ourselves
5. 主動，交流，協作
   taking the initiative, interaction and cooperation
6. 價值觀一致，以我為始點，影響和提升他人
   sharing the same values, influencing and elevating others by setting a good example
7. 不願開放，不易建立信任
   no trust would arise from not having an open mind
8. 整合不同的想法，而後分工合作，溝通、共識很重要，盡力而為 integrating different ideas , cooperation, communication and agreement, try your best

9. 他人不積極時，多溝通、鼓勵、分享
   communicating, sharing, and encouraging others who are not enthusiastic
10. 彼此不信任，把對方看成自己
    seeing ourselves in others when not trusting each other
11. 時間、能力、敞開
    time, competence, open-mindedness
12. 自我意識太強，忽略一致目標
    having a strong ego will distract us from our goal
13. 回到中性心智，覺知，溝通，同理心
    staying neutral, awareness, communication and empathy
14. 如何突破小我限制
    pushing your limits
15. 不信任對方
    not trusting others
16. 將個人意識轉為團體意識
    transforming personal consciousness into collective consciousness
17. 相信對方能達到共識
    believing that others can reach consensus with us
18. 如何做到自己內在的統一
    how can we become consistent internally
19. 價值觀不同
    varied values
20. 合作中，資源共享
    sharing resources when cooperating with others
21. 相信他人，給他人空間
    believing in others, giving others free hand
22. 不要過度解釋，回到中性本質
    remaining neutral, never misinterpreting
23. 會看到恐懼，匱乏
    seeing what we fear and what we are in lack of
24. 如何開創合作的模式並有效的分配利益，在利益衝突時，敞開的溝通 creating a mode of cooperation and distributing benefits fairly; in conflict, being willing to communicate